

Natural Healing College



Program Catalog

Address

Natural Healing College
446 E Vine Street
Stockton, CA 95202

Telephone: (209) 390-8076
Fax: (209) 390-8078
www.naturalhealingcollege.com

February 19, 2012 to June 30, 2012

Letter from Dean of Students



Natural Healing College

December 11, 2011

Dear Prospective Students:

I am pleased to invite you to join our community of holistic learners and would like to congratulate you on making the right decision towards wellness and career path helping others be well.

An education from Natural Healing College offers you a number of options. It can be the foundation you'll need to pursue a challenging career, open your own business or simply to further your own knowledge.

Selecting the right holistic college to prepare for what you want from your education is a decision that requires careful consideration. You have to first ask yourself what do you wish to achieve from an education and what are your goals.

Our philosophical goal is to raise awareness and share holistic health knowledge that will allow everyone to enjoy healthier, happier and more fulfilling lives. Our goal as educators is to provide a learning experience where you learn modern applications of Holistic wellness and healing from many perspectives.

NHC welcomes you to our network of proactive learners. In our collaborative online learning environment you will find people from a vast range of geo socio-economic backgrounds. Once again congratulations on taking the first step on the journey of a lifetime.

“A journey of a thousand miles begins with a single step”! LAO-Tzu

Wishing you great success!

C. L. Thomas

Dean Of Students

NHC



Program Catalog

**Natural Healing College
Holistic Programs**

Online Distance Learning

446 E Vine Street
Stockton, CA 95202

Telephone (209) 390-8076

www.naturalhealingcollege.com

Online Home Study Programs at Your Convenience!

NHC Programs

Introduction to Holistic Sciences

This Program is a two class certificate program

Ayurvedic Health Practitioner, AHP

This Program will prepare you to become an Ayurvedic Health Practitioner using the principles of Ayurvedic sciences with practical healing applications.

Master Herbalist, MH

Master Herbalist Program is a basic introductory Program which is also a building block for advanced programs such as Ayurvedic Health Practitioner or Holistic Health Practitioner. Credits from this Program will transfer to these advanced programs.

Nutritional Consultant, NC

This Program leads you on the path to become a Nutritional Consultant. You will obtain a deep understanding of Weight Management, Herbal Supplements, Anatomy Sports Nutrition and much more.

Holistic Health Practitioner, HHP

This Program will prepare you to become a Holistic Health Professional with the use of applied holistic health sciences, nutrition & alternative remedies.

Top 5 Reasons why students choose NHC

- Technologically Delivered Advanced Holistic Education
- Low Tuition, Flexible Payment Options
- Online Lectures, Lessons , and Instant Exam Results
- Textbooks by well-known Authorities in Holistic and Alternative Concepts
- Post Graduate and Internship Support

Join The Trillion Dollar Health Industry!

This is your chance to leap into the Holistic Health world by offering holistic alternatives! Get started today!

- Open your own Holistic Health Practice
- Become a Nutritional Consultant, Spokesperson or Speaker
- Compound Herbal Supplements
- Own an Ayurvedic Health Practice
- Educate Holistic Alternative Concepts
- Open or Manage a Health Spa and activities
- Own a Nutrition & Herbal Supplement Store
- Publish Holistic Medical Journals
- Author Books and Articles in Healthy Living
- Prevention & Holistic Alternatives
- Work with other Holistic Practitioners
- The possibilities are endless

Prospective Students:

A college education offers you a number of options. It can be the foundation you'll need to pursue a challenging career or the background to further your knowledge.

Selecting the right holistic college that will help you prepare for these options is a decision that requires careful consideration. You have to first ask yourself what do you wish to achieve from an education and what are your goals.

Before you make that important decision, we would like you to learn more about what Natural Healing College has to offer you.

About Us:

Natural Healing College is an online distance learning institute that offers quality vocational education in the fields of Holistic Health Science.

At NHC we have modeled our programs to give individual one-on-one attention to every student in a "real-time" dynamic virtual environment in the convenience and comfort of your own home.

Students can monitor their academic performance in real-time. By eliminating the need to mail in papers, tests, and quizzes, you no longer have to wait weeks to find out results. Exams and Lessons are instantly graded and essays that you write receive personal online teacher comments twice a week!

NHC welcomes you to join our network of proactive learners, who are from a vast range of socio economic backgrounds in a collaborative online environment. All classes are offered online. All the class work is completed online where ever you have a computer and high speed Internet access.

California Bureau for Private Postsecondary Education

NHC is operating under exemption from
licensees per state code- 94874(f)

Memberships

American Association of Drugless Practitioners Natural Healing College has achieved the AADP approval status; this means that the education that you earn through our programs are authorized and approved by a board of educators and professionals alike. NHC students who desire to be Board Certified Practitioners can immediately apply for board certification through the American Association of Drugless Practitioners following their graduation. Once you have achieved the necessary credits for graduation, instructions for application will be sent to you. Current and prospective students may contact us for more information at:

Contact: (888) 764-AADP,

<http://www.aadp.net/>

American Naturopathic Certification Board has approved NHC's graduates qualify for the ANCB's national certification examination. With these exams, the NHC graduates of the Holistic Health Practitioner program & Nutritional Consultant program can now earn a designation Certified Holistic Health Practitioner and Certified in Nutritional Wellness.

Contact: (406) 543-6154, <http://www.ancb.net/>

American Council of Holistic Medicine (ACHM) gives its approval to NHC's programs for Holistic Health Practitioner, Ayurvedic Health Practitioner, Nutritional Consultant, & Master Herbalist. Graduates are now eligible to apply for specialization, board certification & credentials.

Contact: (805) 644-2246, <http://www.theachm.org/>

The BETTER BUSINESS BUREAU

Natural Healing College is a BBB approved business.

www.BBB.org

Diploma and Certifications

Students receive a diploma upon graduation from Master Herbalist, Nutritional Consultant, Holistic Health Practitioner or Ayurvedic Health Practitioner programs, and certificate of completion for our Introduction to Holistic Sciences certificate program. A diploma or certificate from NHC credits our graduates with the highest professional standard. We teach our graduates skills to consult and teach health, and nutrition information with great competence. A graduate of NHC should not be confused as a licensed medical doctor. NHC Students are considered practitioners by NHC. You cannot diagnose, prescribe, treat symptoms, defect, injury, or disease pursuant to California Business and Professional Code 2052. You can do health counseling or therapies as a health practitioner or therapist. Our use of the word "clinical" refers to working in a clinical environment and does not imply being a licensed doctor or practicing medicine.

Students are responsible for determining the legal issues involved in conducting a holistic health or holistic nutrition practice in their state or locality. We recommend you contact your state or local government for legal interpretations as the laws differ from place to place.

Disclaimer

By enrolling in or otherwise affiliating with Natural Healing College, all system users agree to NHC terms and conditions.

This catalog is subject to revision and change and is current as of 01/01/2012.

Programs

We are pleased to offer five programs that are not only self-benefiting but also intellectually stimulating and challenging.

Introduction to Holistic Sciences (IHS)

Holistic Health Practitioner (HHP)

Nutritional Consultant (NC)

Master Herbalist (MH)

Ayurvedic Health Practitioner (AHP)

Mission Statement:

Our mission is to advance knowledge and educate to the community about the importance of healthy living to improve the quality of life using Holistic health concepts aimed at balancing body, mind and spirit.

Goals:

Our goal is to deliver the best platform for holistic education and fully prepare future graduates of our programs to solve many modern health challenges. We choose to make a difference in our community through the integrative holistic techniques and modern science concepts.

Vision

Our vision is to raise the standards in Holistic education and set future benchmarks in order to provide our students not only the best education, but also to give the opportunity and credibility to enter the Holistic world with conviction and confidence.

Beyond the personal satisfaction you'll experience helping others increase their longevity, and quality of life. Holistic health and wellness is a trillion dollar industry. More people than ever are looking for alternative and holistic approaches for healing, disease prevention and holistic alternatives to pharmaceutical harsh drugs.

Top Ten Reasons Students Choose NHC

- 1. Technologically Delivered Advanced Holistic Education**
- 2. Low Tuition, Flexible Payment Options**
- 3. Online Lectures, Lessons and Instant Exam Results**
- 4. Textbooks by well known Authorities in Holistic and Alternative Concepts**
- 5. Post Graduate and Internship Support**
- 6. Quality in-depth and challenging education**
- 7. Professional staff and teachers**
- 8. Free online resources & tools**
- 9. Online student/teacher interaction**
- 10. Student forums and student interaction**

Non-Discrimination Policy

Natural Healing College provides full and equal employment opportunities to all qualified persons without regard to race, color, religion, sex, sexual orientation, national origin to prohibit discrimination

in recruitment, employment or conditions of employment, including salary and benefits related thereto, to promote employment opportunity and to take affirmative action in this regard.

Affirmative Action means the elimination of existing discriminatory conditions whether purposeful or inadvertent. This non-discrimination policy applies to all persons.

30 Day Refund Policy:

NHC recognizes that sometimes people may sign up for a class without fully understanding what will be expected of them. The state of California requires a 7 day refund policy. We take that one step further. NHC has a no questions asked 30 day refund policy. A Student has a right to cancel the agreement and receive a full refund (minus cost of shipping and a small \$50 enrollment fee) for up to 30 days after first login, provided that all course materials are returned in their original condition. For a 30 day or less refund, email registrar@naturalhealingcollege.com within your first 30 days after payment for your first class group and we will issue an RA (return authorization) number and full shipping instructions for you to return the books. You are given 10 calendar days to ship back your class materials. Once the book's vendor/reseller receives the returned books and verifies the receipt in good condition, our bookkeeping department will issue a refund within 30 days. Both NHC and the student agree to abide by the resellers book condition assessment of returned books.

STUDENT'S RIGHT TO CANCEL

This institution offers distance education programs where the instruction is not offered in real time. The Institution shall transmit the first lesson and any materials to any student within seven days after the institution accepts the student for admission.

The student has the right to cancel the agreement and receive a full refund before the first lesson and materials are received. Cancellation is effective on the date the written notice of cancellation is sent to: Natural Healing College, 446 E. Vine Street, Stockton, CA 95202. If the institution sent the first lesson and materials before an effective cancellation notice was received, the institution shall make a refund on materials within 45 days after the student's return of the materials in new condition.

This Institution shall transmit all of the lessons and other materials to the student if the student (a) has fully paid for the educational program; and (b) after having received the first lesson and initial materials, requests in writing that all of the material be sent. If the Institution transmits the balance of the material as the student requests, the Institution shall remain obligated to provide the other educational services it agreed to provide, such as responses to student inquiries, student and faculty interaction, and evaluation and comment on lessons submitted by the student, but shall not be obligated to pay any refund after all of the lessons or material are transmitted.

WITHDRAWAL FROM THE PROGRAM

You may withdraw from the school at any time and receive a pro rata refund if you have completed 60 percent or less of the scheduled days in the current payment period in your program through the last day of attendance. The refund will be less a registration or administration fee not to exceed \$250.00,

and less any deduction for books and materials not returned in new condition as stated as refundable on the enrollment agreement. A refund will be made within 45 days of withdrawal.

For the purpose of determining a refund under this section, a student shall be deemed to have withdrawn from a program of instruction when any of the following occurs:

- The student notifies the institution of the student's withdrawal or as of the date of the student's withdrawal, whichever is later.
- The institution terminates the student's enrollment for failure to maintain satisfactory progress; failure to abide by the rules and regulations of the institution; and/or failure to meet financial obligations to the School.

For the purpose of determining the amount of the refund, the date of the student's withdrawal shall be deemed the last date of recorded attendance. The amount owed equals the daily charge for the program (total institutional charge, minus non-refundable fees, divided by the number of days in the program), multiplied by the number of days scheduled to attend, prior to withdrawal. For distance education students scheduled days is based on a five day week, which does not include Saturday or Sunday, or any defined holiday as enumerated in Section 6700 of the California Government Code (specific holidays published in the catalog).

If any portion of the tuition was paid from the proceeds of a loan or third party, the refund shall be sent to the lender, third party or, if appropriate, to the state or federal agency that guaranteed or reinsured the loan. If the student has received federal student financial aid funds, the student is entitled to a refund of moneys not paid from federal student financial aid program funds.

2012 Holidays

Monday, January 2,
2012 Day after New Year's Day

Monday, January 16,
2012 Dr. Martin Luther King Jr. Day

Monday, February 13,
2012 Lincoln Day

Monday, February 20,
2012 Presidents' Day

Friday, March 30, 2012 Cesar Chavez Day Observed

Monday, May 28, 2012 Memorial Day

Monday, July 4, 2012 Independence Day

Monday, September 3,
2012 Labor Day

Monday, September 10,
2012 Admission's Day

Monday, October 8,
2012 Columbus Day

Friday, November 11,
2012 Veterans Day

Thursday, November 22,
2012 Thanksgiving Day

Friday, November 23,
2012 Day after Thanksgiving

Tuesday, December 25,
2012 Christmas

Transfer of Credit Policy:

NHC -to- NHC

Any NHC class can be transferred into other programs at NHC. Students that wish to continue to other programs that may have the same preliminary class or classes do not need to retake duplicated classes. You only pay for the credits needed!

Other Institutes -to- NHC

If you have attended another institute and you have decided that NHC is a good fit for you, NHC welcomes you to apply and request credit transfer to any of our programs. Credit transfer to NHC will be subject to review and evaluation of each Program completed with a C or above satisfactory grade, provided the Programs correspond in time and content to Programs offered at the Natural Healing College. Only classes that directly correlate to NHC curriculum are eligible for transfer. Please note that credit transfers are subject to a \$25.00 per credit hour transfer fee, which covers the time and cost associated with evaluation of each class associated with the transfers. In case the credit is not accepted then the full credit evaluation fee is returned.

In compliance with current BPPE regulations credit acceptable for transfer purposes must be earned at a school approved by the Bureau for Private Postsecondary Institution or accredited by an accrediting association recognized by the U.S. Department of Education. For foreign institutions documentation of equivalency must be provided.

Credits earned through USDE recognized testing like the CLEP or Dantes are the only acceptable test out credits.

No more than 75% of class credits from any non NHC source will be accepted for a program.

NHC does not accept credit transfers for experiential learning and does not offer ability-to-benefit services.

NHC -to- Other Institutes

NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION

The transferability of credits you earn at Natural Healing College is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the diploma you earn in Master Herbalist, Ayurvedic Health Practitioner, Holistic Health Practitioner, or Nutritional Consultant program is also at the complete discretion of the institution to which you may seek to transfer. If the credits or diploma that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your class work at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending Natural Healing College to determine if your credits or diploma will transfer.

Articulation Agreements

This institution has not entered into any transfer or articulation agreements with any other college or university.

Attendance Policy

Natural Healing College is a distance online learning college, thus allowing the classes to fit around your schedule. The Intro to Holistic Science program has a 16 week time frame to complete but extensions are available. All other programs have 2 year limits. Time frames for completion are based upon taking classes for approximately 4 hours per day 5 days per week. If you would like to complete the courses sooner, simply put in additional time and finish sooner. If your schedule or available time is limited or other life commitments restricts your availability then set your own schedule that suits your needs. If for some reason you find that you need additional time for completion of your program you can do so by submitting a request of extension or leave of absence in writing to extension@naturalhealingcollege.com. Our general guideline is that extensions cannot exceed 150% of any program length but each request is individually considered. (*see Student Classifications for full details*)

Payments

Payments can be made using a major credit card, personal check, or money order. Classes are offered and paid for ala cart based on pre requisites having been meet.

Financial Aid

NHC does not participate in Federal or State financial aid programs.

If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, and if the student has received federal student financial aid funds, the student is entitled to a refund of money not paid from federal student financial aid program funds.

Consumer Disclosure

Natural Healing College has never filed for bankruptcy petition, operated as a debtor in possession or had a petition of bankruptcy filed against it under Federal law.

Admission Standards

All students who wish to enroll in any of our programs, must be at least 18 years of age, be a high school graduate, or possess a General Education Development (GED) certificate.

International Students

All International students are required to have their previous education evaluated an independent evaluator who is a member of NACES. That list is at <http://www.naces.org/members.htm>

Students for whom English is a second language will be required to submit official TOEFL/TOEIC documents. The minimum accepted score for the TOEFL is 80 for the Internet-based test and 550 for

the paper-based test. TOEIC will require 550 or above The IELTS examination is accepted with a 7 or better band score (academic modules).

Evidence of high school graduation or equivalent must be presented to NHC in one of the following forms

- Copy of an original high school diploma
- Copy of a high school transcript indicating the date of high school graduation
- GED certificate or official notification that a GED has been earned
- Bachelor's degree

These documents will not be returned to the student and these submitted documents become the property of school records.

You must complete the Distance Learning Questionnaire to determine if online learning is a good fit for each prospective student.

Distance Education Equipment Requirements:

You must be comfortable and confident with basic computer tasks such as email, attaching files, using the Internet, and word processing. Students are required to have a desktop or laptop computer in their own home. PCs must have an XP, Vista or Win7 operating system or better, Macs required operating system 9.1+ and OS X or better. Computers should have at least 1 GB RAM, and sufficient hard drive space to hold files. Computers must have sound card, speakers and a microphone. Students need a Broadband Internet connection such as Cable or DSL. An email address, not shared with spouse or family members is required. Accepted browsers are Internet Explorer 8 or better or Firefox current version. Other incidental software is required. Free download links for incidental software programs are provided in the online learning system.

If you're ready to start your new career with NHC, but are not sure which program is right for you, speak to one of our experienced admission counselors today. We will help you explore your interests, discover your talents and guide you in the right direction.

Telephone: (209) 390-8076 extension 111
Fax: (209) 390-8078
Email: registrar@naturalhealingcollege.com

Registration Procedures

Students can enroll by visiting the following URL:

<http://www.naturalhealingcollege.com/programs/>

After you complete our enrollment application for the program you wish to pursue, our admissions department will review your application and schedule an appointment to help you with all the additional documentation necessary to approve your admission. Once your enrollment is complete and accepted you will be sent a payment invoice by email. After your payment has cleared we will

send you an electronic enrollment key that will allow you to self-enroll in our learning system and begin your no cost Orientation class.

Foreign Students

Natural Healing College does not offer visa services to prospective students from other countries or English language services. NHC does not offer English as a Second Language instruction. All instruction occurs in English.

International books and material- We don't ship any book or material to non-US destinations.

International students are responsible for arranging their own books. NHC will provide book list and students can try to source the books from Amazon or other retailers before enrolling for the class, course or program. NHC will issue partial refund for the books - to be determined by case by case basis. In all the cases the receiver is responsible for all the taxes, duties, custom and brokerage fee, if any.

Student Complaints

Student complaints should be addressed to our student affairs sa@naturalhealingcollege.com

We will always do everything in our power to resolve any disputes that may arise. If you feel that the issue cannot be resolved via e-mail or a phone call from one of our staff, you can also write to the Director of NHC:

Natural Healing College
446 E Vine Street
Stockton, CA 95202

As a prospective student, you are encouraged to review this catalog prior to signing an Enrollment Agreement.

Submission Policy

All of our Programs are online, real time and asynchronous. NHC online platform allows all of our students to review, lessons, exams, and submit written assignments with the expectation of teacher responses twice weekly through our online learning environment. Even your final project is submitted in real time and manually graded in 10 days or less.

Grading Assessment

Completion of 70% or better is required to pass a class and continue to the next class. Evaluation is provided in real time so that a student can monitor their progress in real time.

Grade	(%)	Average	
A	93-100	4.0 - 3.13	W = Withdrawal
B	85-92	3.0 - 2.13	I = Incomplete
C	77-84	2.0 - 1.13	
D	70-76	1.0	
F	0-69	0.0	
I	0	0.0	
W	N/A	N/A	

The word transfer appears beside the class name for any transferred credits.

Student Classifications and Unsatisfactory Progress Procedures

NHC has always been committed to working around your schedule. *We fully understand that we cater to working adults who need flexible schedules. The California Bureau for Private Postsecondary Education requires a student progress reporting system of all licensed private schools for purposes of consumer protection. Our goal is to keep your schedule as flexible as you need it and to comply with this new regulation.*

Student Requested Extension and Leave of Absence

Any student can request up to a one year extension or a leave of absence by writing an email to extensions@naturalhealingcollege.com Requests should include the full name the student registered with, DOB, current phone number, mailing address and the issue or reason for needing time away or additional time to complete a class. These requests are responded to within two business days. Notes regarding these conversations or emails will be left on the student's profile in a field only visible to staff members and a summary of the joint student/staff discussion with a decision if required, will be emailed to the student and the records office for inclusion in the student's records.

At Risk for Unsatisfactory Progress

Every 2 months during the last week of the month a report will be generated showing all students who have not logged in for 6 weeks or more. NHC will first email then attempt phone contact with these students to determine if there is a temporary situation in the student's life wherein the student needs a time extension or if the student needs to take a leave of absence. Acceptable resolutions may range from

- a personal technical
- or class content coaching session by phone,
- an extension as needed,
- to a leave of absence if more than 3 months of inactivity is anticipated.

Notes regarding these conversations or emails will be left on the student's profile in a field only visible to staff members and a summary of the joint student/staff discussion with a decision if required, will be emailed to the student and the records office for inclusion in the student's records.

Unsatisfactory Progress and Contact Procedures

If NHC is unable to contact an 'at risk' student for 5 (five) business days, either by phone or the email address in the learning system, the student's login will be frozen until the student contacts the school. At the same time the learner account login is frozen, a US postal service letter will be sent to the student's address of record. If there is no response in 30 calendar days to these communication attempts the student will be considered to be a voluntary withdrawal. Anyone placed in this status has 1 year to contact us to resume their program. Every case of unsatisfactory progress leading to a forced leave of absence will be determined by a committee of 3 (three) staff members.

Reinstatement

Normally unfreezing a student account is accomplished within one business day assuming that the student emails a clearly worded request to reinstatement@naturalhealingcollege.com. Requests should include the full name the student registered with, DOB, current phone number, mailing address and current email address. Any significant change in these details may prompt the school to confirm your identity by phone and or fax before reinstatement can occur.

*None of these steps are intended to be punitive. We will work with you in every possible way to help you complete your chosen program in a timely manner that works with your schedule and adheres to **BPPE** regulations. Guidelines are subject to change without notice in the event of regulatory changes.*

Probation and Dismissal

NHC Reserves the right to dismiss or implement probation for any student who is found to be guilty of plagiarism, copyright violation or other deliberate academic dishonesty in their program work.

Graduation Requirements

A student will be eligible for graduation upon meeting the following conditions:

1. Completed all required hours / semester credits
2. Received a 70% or better in all classes; and
3. Cleared all financial obligations.

Student Services

Continuous Improvement is one of the ethics codes we here at NHC strictly adhere to. Our objective here is to provide the student with education that will allow them to develop and reach their personal and professional goals so that they can achieve excellence. We take each and every student's feedback, comments and suggestions seriously. If there is something on your mind that you would like to share with us, please email. ss@naturalhealingcollege.com

Graduate Support

We offer support for graduates that are interested in obtaining experience in a holistic business environment. We offer letters of recommendation, diploma acquisition and more. We work with other holistic businesses around the continental USA to arrange for volunteer work and internship opportunities for our graduates giving them some hands-on experience. If you are a graduate and you would like to work in a holistic business in your community, let us know. No one, in any industry, can guarantee a job upon completion of any diploma or degree. We have no formal placement assistance program but we do offer both a plethora of 3rd party information and links to industry wholesalers, SBA resources, and information on everything from dressing for success, to out-of-the box ways to use the education you gained with us to generate income and a long, successful career.

Library

Textbooks for your classes are shipped once your payment clears. As an online school maintaining a physical library would be of little or no use to our students. We maintain an extensive library of eBooks, articles and links to published and publically available Holistic research in our Human Bean Coffee House "class" that is open to all students. Additional materials for both research and learning materials specific to each class are found in the actual individual online classes.

Internship Assistance/Volunteer Work

NHC graduates enjoy the ability to apply their education in a "hands on" environment with professionals in the holistic field to gain real life experience. We do not offer the work or internship; we simply facilitate the platform to bring the businesses and graduates together.

Contact us today about our Internship programs.

Telephone: (209) 390-8076 ext 711

Email: interns@naturalhealingcollege.com

Technical Support

Our dedicated technical support department can help you with account related or any other technical issues with the online student learning platform.

Telephone: (209) 390-8076 extension 999

Email: support@naturalhealingcollege.com

Student Records

Student records will be maintained at the school site for five years from the last date of attendance.

Transcripts are maintained permanently.

Semester Credit Hours

One semester credit hour is equivalent to 15 clock hours.

Conduct

Conduct for which students are subject to sanctions falls into academic dishonesty such as cheating, plagiarism, and sabotage.

Faculty members have a special obligation to expect high standards of academic honesty in all student work. Students have a special obligation to adhere to such standards.

Housing

As a 100% distance education program, National Healing College does not assume responsibility for student housing, does not have dormitory facilities under its control, nor offers student housing assistance. Rental properties within the United States can be found at rentals.com.

NHC Faculty Policies

All NHC teachers have no less than 3 years' experience practicing in their specific area of instruction and/or a USDE recognized degree from a University.

NHC provides planned training to all of our instructors in various components of online class design. Teachers take annual CEU classes from recognized organizations and schools in either Education or Alternative and Traditional Health fields.

NHC Faculty

C. L. Thomas

Dean of Students

Anatomy and Physiology Teacher

New Mexico State University *AA Business*, Kent State University *BA Science*,

LA International College *Health Administration*

Cristina Vanderlaan Practical Nutritionist

College of Holistic Health Practice

California Polytechnic State University, *Bachelor of Arts, English*,

2006-present Health Odyssey Practical Nutritionist

Dr Vikramaditya Tomar

College of Ayurvedic Practices

Rishikul State PG Ayurvedic College, Haridwar, *Bachelor of Ayurveda, Medicine and Surgery*

Keraleeya Ayurveda Samajam Hospital & Research Center, Shorannur, Dist. Palakkad, Kerala,

Certificate In Ayurvedic Panchakarma Therapy

2001-2007 Director Charaka Ayurveda & Panchkarma Center

2007-present lecturing in Europe as well as working with village health clinics in India

Whitney Elkins-Hutten

ANB Certified in Nutritional Wellness

College of Nutrition, Adjunct Faculty

University of Oklahoma- Norman, OK - *Chemistry and Biochemistry- Cum Laude*

Tulane School of Public Health and Tropical Medicine- New Orleans, LA *Masters of Public Health*

Infectious Disease Epidemiology

2006- Present Nutrition Practitioner (Pharmaca Integrative Pharmacy)

K. Rolfes

Adjunct Faculty

Holistic Practitioner

University of Massachusetts, Amherst *Bachelor of Education*

2001-present Holistic Practitioner

Programs and Curriculums

Introduction to Holistic Sciences certificate program

This Program is the prerequisite for all diploma programs. Before you commit to long term study with us these two classes will prepare you scientifically and expose you to a wide spectrum of alternative healing modalities. This is a 16 weeks long program.

Classes, Credit Hours, Clock Hours and Prerequisites

The following table represents the Introduction to Holistic Sciences certificate program Class order. Classes are completed one at a time, in the order given. Each class's prerequisites are met by successfully completing previous classes.

Class Code	Class Title	Clock Hours	Semester Credit Hours	Prerequisite Class or Program
OR2012	Orientation 2012 no charge, required, short class	0	0	none
AP101	Intro to Anatomy and Physiology	45	3	OR2012
HS101	Introduction to Holistic Sciences	30	2	AP101
	Totals	75	5	

Class Descriptions: Introduction to Holistic Sciences (IHS)

Orientation- No Cost

After you are enrolled as a student the first class you go into is orientation. Is this 2-4 hours class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment because you have to pass this class to get into your Anatomy class.

AP101 Intro to Anatomy and Physiology In this class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the integrated body, Skeletal System, Muscular System, Nervous System, Endocrine System, Cardiovascular System, Respiratory System, Skin, Hair, Nails, Lymph Immunity Systems, Digestive System, Reproduction Systems and practice communicating these concepts to lay people in short essays. **Credits 3 - Clock Hours 45**

HS101 Intro to Alternative Healing Methods In this class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, prolotherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the *right* program to meet your personal goals. **Credits 2 Clock Hours 30**

Ayurvedic Health Practitioner Diploma Program Curriculum

The Ayurvedic Health Practitioner Program will provide you applied knowledge on how to properly and safely recommend vitamin or herb therapies for various diseases and disorders from Holistic perspectives. If you already have a practice, are involved in teaching of eastern practices like yoga or have a holistic business this program can be an amazing addition to either. This is a highly specialized program and not suggested for students just starting in the holistic fields. If you are just starting in this field we suggest considering the Master Herbalist diploma first. All of those credits are fully transferable to the Ayurvedic Health Practitioner Program. (see Transfer of Credit Policy: NHC - to- NHC for details)

This Program will teach you the principles of Ayurvedic Health Practices. You will also learn practical applications of medicinal herbs for disease prevention, disease therapies along with natural alternatives to over-the-counter and prescription drugs.

The material in the program provides a foundation that will support your personal growth and enable you to educate others in these life supporting principles.

Program Information

Each Class is divided into textbook chapters or sections of chapters, where each division contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures, resources and learning aids. All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average.

The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers.

Classes, Credit Hours, Clock Hours and Prerequisites

The Ayurvedic Health Practitioner program will take approximately 9-12 months to complete, assuming you are working 4-6 hours per day on business days but work at your own pace- you have 2 years to complete the program and extensions are available. If you are a focused, self motivated learner and want to graduate quickly put in more weekly time. We will not hold you to a schedule! The time required to complete the program is up to you!

AHP Classes, Credit Hours, Clock Hours and Prerequisites

The following table represents the Ayurvedic Health Practitioner Class order. Classes are completed one at a time, in the order given. Each class's prerequisites are met by successfully completing previous classes.

Class Code	Class Title	Clock Hours	Semester Credit Hours	Prerequisite Class or Program
OR2012	Orientation 2012 no charge, required, short class	0	0	none
AP101	Intro to Anatomy and Physiology	45	3	OR2012
HS101	Introduction to Holistic Sciences	30	2	AP101
HM101	Introduction to Herbal Medicine	60	4	HS101
HM102	Natural Alternatives to Allopathic Medicine	45	3	HM101
MH310	Creating Herbal Medicines	45	3	HM102
MH301	Therapeutic Herbalism: Theory & Practice	45	3	MH310
HM301	Herb-Drug-Vitamin Interactions	45	3	MH301
AY101	Ayurveda Fundamental Principles	60	4	AP202
AY202	A Complete Guide to Practical Assessment	60	4	AY101
HM104	The Yoga of Herbs	30	2	AY202
HH101	Perfect Health	30	2	HM104
AY110	Ayurvedic Yoga Therapy	30	2	HH101
AY102	Secrets of the Pulse	30	2	AY110
HC112	Ayurvedic Cooking for Westerners	45	3	AY102
HB301	Setting up a Practice and Final Project	75	5	HC112
	Total	675	45	

Class Descriptions: Ayurvedic Health Practitioner Program (AHP)

Orientation- No Cost

After you are enrolled as a student the first class you go into is orientation. In this 2-4 hours class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment because you have to pass this class to get into your Anatomy class.

AP101 Intro to Anatomy and Physiology In this class you will study basic Human Anatomy and Physiology from a scientific perspective, gain an understanding of the integrated body, Skeletal System, Muscular System, Nervous System, Endocrine System, Cardiovascular System, Respiratory System, Skin, Hair, Nails, Lymph Immunity Systems, Digestive System, Reproduction Systems and practice communicating these concepts to lay people in short essays. **Credits 3 - Clock Hours 45**

HS101 Intro to Alternative Healing Methods In this class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, prolotherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the *right* program to meet your personal goals. **Credits 2 Clock Hours 30**

HM101 Introduction to Herbal Medicine In this class you will discover the origins of herbal medicine and explore its applications today. Learn how to store and use herbs for maximum effectiveness. Learn about hundreds of herbs and their uses. **Credits 4 - Clock Hours 60**

HM102 Natural Alternatives to Allopathic Medicine This class is designed to educate you about the advantages of using natural herbs and medicines for common ailments. You will discover the alternative remedies for specific diseases as well as go in depth on the healing properties of common herbs. **Credits 3 - Clock Hours 45**

MH310 Creating Herbal Medicines This class is designed to educate you on the fundamentals of herbal healing. You will learn about specific herbs and their uses for natural healing as well as specific ailments and their natural remedies. You will also discover formulas designed to aid herbal treatment and techniques and practices that compliment these remedies. **Credits 3 - Clock Hours 45**

MH301 Therapeutic Herbalism: Theory and Practice In this class the basics for preparations of herbal medicines are covered. You will learn how to choose what herbs to use, how to prepare them, and how to administer them for maximum effect. **Credits 3 - Clock Hours 45**

HM301 Herb-Drug-Vitamin Interactions This class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

AY101 Ayurveda Fundamental Principles In this class you will study the basics and principals of Ayurveda. This includes the basic history on Ayurveda and how the body functions on a subatomic level. This will provide an overview of the subject and prepare you for subsequent Ayurvedic classes, which will approach the material in more depth. **Credits 4 - Clock Hours 60**

AY202 A Complete Guide to Practical Assessment This class is designed to take you deeper into the field of Ayurveda. Learn how all the different energies and elements in the human body work together to create a balance. Discover the techniques of Ayurveda and how to use them to determine the root cause of discomfort and disease and how things can be put right again inside the body. **Credits 4 - Clock Hours 60**

HM104 The Yoga of Herbs This class is designed to educate you on how herbs are an important part of Ayurvedic treatment. Learn about what herbs are effective for which treatments as well as preparations for herbs in the Ayurvedic system. **Credits 2 - Clock Hours 30**

HH101 Perfect Health In this class, you will learn how the body is not as simple as it appears. Learn how the quantum universe affects your body and how we can tap into the quantum level and intervene to create balance and health. Learn how to identify your body type and what that means, and how to tailor your lifestyle to best suit your body type so that you can achieve perfect health. **Credits 2 - Clock Hours 30**

AY110 Ayurvedic Yoga Therapy In this class you will study how Yoga and Ayurveda are two parts of a whole, and how by practicing the two together you can achieve total wellness of bodily health and spiritual peace. **Credits 2 - Clock Hours 30**

AY102 Secrets of the Pulse This class is designed so that you can learn the art of Ayurvedic pulse diagnosis. Learn how to take a pulse, the seven levels of pulse, and all of the other details that you can discover with these techniques. Learn how to use the pulse to determine the root causes of client issues. **Credits 2 - Clock Hours 30**

HC112 Ayurvedic Cooking for Westerners Learn to practice the concepts of Ayurveda in the kitchen. Discover how diet affects your body's doshas and can either create imbalances or promote harmony. Discover many flavorful and healthy Ayurvedic recipes for meals and social situations that can be prepared with little effort. **Credits 3 - Clock Hours 45**

HB301 Setting up a Practice and Final Project Credits The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers. **Credits 5 - Clock Hours 75**

Holistic Health Practitioner Diploma Program Curriculum

The HHP Program will give you a foundation that will support your personal growth and enable you to educate others in life supporting principles. You will learn practical applications of medicinal herbs for disease prevention, disease therapies along with natural alternatives to over-the-counter and prescription drugs.

This Program will teach you the principles to become a Holistic Health Practitioner in today's health world. The material in the Program will also provide you applied knowledge on how to properly and safely recommend vitamin or herbal therapies for various diseases and disorders from a Holistic perspective.

This distance learning program and succeeding optional volunteer internship opportunity will prepare you for serving your community as a Holistic Health Practitioner.

Program Information

Each Class is divided into textbook chapters or sections of chapters, where each division contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures and resources and learning aids.. All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average.

The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers.

HHP Classes, Credit Hours, Clock Hours and Prerequisites

The Holistic Health Practitioner Program will take approximately 9-12 months to complete assuming you are working 4-6 hours per day on business days but work at your own pace- you have two years to complete the program and extensions are available. If you are a focused, self motivated learner and want to graduate quickly put in more weekly time. We will not hold you to a schedule! The time required to complete the program is up to you!

The following table represents the Holistic Health Practitioner Class order. Classes are completed one at a time, in the order given. Each class's prerequisites are met by successfully completing previous classes.

Class Code	Class Title	Clock Hours	Semester Credit Hours	Prerequisite Class or Program
OR2012	Orientation 2012 no charge, required, short class	0	0	none
AP101	Intro to Anatomy and Physiology	45	3	OR2012
HS101	Introduction to Holistic Sciences	30	2	AP101
HM101	Introduction to Herbal Medicine	60	4	HS101
HM102	Natural Alternative to Allopathic Medicine	45	3	HM101
HH210	Chinese Health & Healing	45	3	HM102
AP202	Advanced Anatomy & Physiology	60	4	HH210
HP203	Alternative Medicine Treatments	45	3	AP202
DT102	Internal Cleansing & Detoxification	45	3	HP201
HF103	Treat Health with Diet	45	3	DT102
HP301	Understanding Disease & Treatments	75	5	HF103
HP101	Dietary Wellness	45	3	HP301
HM301	Herb-Drug-Vitamin Interactions	45	3	HP101
HB301	Setting Up a Practice and Final Project	75	5	HM301
Total		660	44	

Class Descriptions: Holistic Health Practitioner Program (HHP)

Orientation- No Cost

After you are enrolled as a student the first class you go into is orientation. In this 2-4 hours class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment because you have to pass this class to get into your Anatomy class.

AP101 Intro to Anatomy and Physiology In this class you will study basic Human Anatomy and Physiology from a scientific perspective, gain an understanding of the integrated body, Skeletal System, Muscular System, Nervous System, Endocrine System, Cardiovascular System, Respiratory System, Skin, Hair, Nails, Lymph Immunity Systems, Digestive System, Reproduction Systems and practice communicating these concepts to lay people in short essays. **Credits 3 - Clock Hours 45**

HS101 Intro to Alternative Healing Methods In this class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, prolotherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the *right* program to meet your personal goals. **Credits 2 Clock Hours 30**

HM101 Introduction to Herbal Medicine In this class you will discover the origins of herbal medicine and explore its applications today. Learn how to store and use herbs for maximum effectiveness. Learn about hundreds of herbs and their uses. **Credits 4 - Clock Hours 60**

HM102 Natural Alternatives to Allopathic Medicine This class is designed to educate you about the advantages of using natural herbs and medicines for common ailments. You will discover the alternative remedies for specific diseases as well as go in depth on the healing properties of common herbs. **Credits 3 - Clock Hours 45**

HH210 Chinese Health & Healing In this class you will study the techniques of Chinese medicine. You will review the history as well as study the principles behind how and why the medicines work. Finally you will discover the methods used in these healing techniques and how they are applied to heal a client as well as how you can use them to stay healthy yourself. **Credits 3 - Clock Hours 45**

AP202 Advanced Anatomy & Physiology This course goes into great depth on the human body. You will study the minute details of the human anatomy and how even these small details are important when attempting to deal with disease and sickness. This course will provide you with a greater understanding of the human body and how disease affects more than you ever suspected. **Credits 4 - Clock Hours 60**

HP203 Alternative Medicine Treatments In this class you will go into depth about the wide range of alternative methods used for healing. This class covers more than 150 specific diseases and what alternative therapies are effective treatments each specific ailment. **Credits 3 - Clock Hours 45**

DT102 Internal Cleansing & Detoxification In this class you will study how common foods and environmental factors have toxins that can build up in the body and affect health. Discover how to cleanse your system of these toxins and then how to eat to avoid letting them build up in your body again. **Credits 3 - Clock Hours 45**

HF103 Treat Health with Diet In this class you will discover how to design a diet and lifestyle that will lead to total wellness. Learn what foods can cause problems in your body and how to best avoid them as well as alternative foods that are much healthier. **Credits 3 - Clock Hours 45**

HP301 Understanding Disease & Treatments In this class you will study in depth about disease and how it affects the body. You will learn how to spot illness, how to identify which disease it is, what causes the disease, and how it is traditionally treated. Learn about the many variables, not just of the disease, and how it can affect you, but about different treatments and the precautions that should be taken depending on the client's circumstances. **Credits 5 - Clock Hours 75**

HP101 Dietary Wellness Nutrition is an important part of health. This class will educate you on how to maximize your diet for your health by studying various types of foods, the nutrients they possess and how these nutrients affect the body. **Credits 3 - Clock Hours 45**

HM301 Herb-Drug-Vitamin Interactions This class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

HB301 Setting up a Practice and Final Project Credits The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers **Credits 5 Clock Hours 75**

Master Herbalist Diploma Program Curriculum

The Master Herbalist Program will also provide you applied knowledge on how to properly and safely recommend vitamin or herb therapies for various diseases and disorders from a Holistic perspective.

This Program will teach you the principles of applying Holistic Health Science in today's health world. You will also experience practical applications of medicinal herbs for disease prevention, disease therapies along with natural alternatives to over-the-counter and prescription drugs.

The material in the Program will give you a foundation that will support your personal growth and enable you to educate others in these life supporting principles.

This distance learning program and succeeding optional volunteer internship opportunity will prepare you for serving your community as a Master Herbalist.

Program Information

Each Class is divided into textbook chapters or sections of chapters, where each division contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures and resources and learning aids.

All classes contain a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average.

The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers.

Classes, Credit Hours, Clock Hours and Prerequisites

Master Herbalist program will take approximately 4-9 months to complete, assuming you are working 4-6 hours per day on business days but work at your own pace- you have up to two years to complete the program, extensions are available if you need more time. If you are a focused, self motivated learner and want to graduate quickly put in more weekly time. We will not hold you to a schedule! The time required to complete the program is up to you!

MH Classes, Credit Hours, Clock Hours and Prerequisites

The following table represents the Master Herbalist Class order. Classes are completed one at a time, in the order given. Each class's prerequisites are met by successfully completing previous classes.

Class Code	Class Title	Clock Hours	Semester Credit Hours	Prerequisite Class
OR2012	Orientation 2012 no charge, required, short class	0	0	none
AP101	Intro to Anatomy and Physiology	45	3	OR2012
HS101	Introduction to Holistic Sciences	30	2	AP101
HM101	Introduction to Herbal Medicine	60	4	HS101
HM102	Natural Alternative to Allopathic Medicine	45	3	HM101
MH310	Creating Herbal Medicines	45	3	HM102
MH301	Therapeutic Herbalism: Theory and Practice	45	3	MH310
HM301	Herb-Drug-Vitamin Interactions	45	3	MH301
HB301	Setting Up a Practice and Final project	75	5	HM301
	Total	390	26	

Class Descriptions: Master Herbalist Program

Orientation- No Cost

After you are enrolled as a student the first class you go into is orientation. In this 2-4 hours class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment because you have to pass this class to get into your Anatomy class.

AP101 Intro to Anatomy and Physiology In this class you will study basic Human Anatomy and Physiology from a scientific perspective, gain an understanding of the integrated body, Skeletal System, Muscular System, Nervous System, Endocrine System, Cardiovascular System, Respiratory System, Skin, Hair, Nails, Lymph Immunity Systems, Digestive System, Reproduction Systems and practice communicating these concepts to lay people in short essays. **Credits 3 - Clock Hours 45**

HS101 Intro to Alternative Healing Methods In this class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, prolotherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the *right* program to meet your personal goals. **Credits 2 Clock Hours 30**

HM101 Introduction to Herbal Medicine In this class you will discover the origins of herbal medicine and explore its applications today. Learn how to store and use herbs for maximum effectiveness. Learn about hundreds of herbs and their uses. **Credits 4 - Clock Hours 60**

HM102 Natural Alternatives to Allopathic Medicine This class is designed to educate you about the advantages of using natural herbs and medicines for common ailments. You will discover the alternative remedies for specific diseases as well as go in depth on the healing properties of common herbs. **Credits 3 - Clock Hours 45**

MH310 Creating Herbal Medicines This class is designed to educate you on the fundamentals of herbal healing. You will learn about specific herbs and their uses for natural healing as well as specific ailments and their natural remedies. You will also discover formulas designed to aid herbal treatment and techniques and practices that compliment these remedies. **Credits 3 - Clock Hours 45**

MH301 Therapeutic Herbalism: Theory and Practice In this class the basics for preparations of herbal medicines are covered. You will learn how to choose what herbs to use, how to prepare them, and how to administer them for maximum effect. **Credits 3 - Clock Hours 45**

HM301 Herb-Drug-Vitamin Interactions This class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

HB301 Setting up a Practice and Final Project Credits The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers **Credits 5 Clock Hours 75**

Nutritional Consultant Diploma Program Curriculum

The Nutritional Consultant Program will also provide you with applied knowledge on how to properly and safely recommend vitamin or herb therapies for various diseases and disorders from a Holistic perspective.

This Program will teach you the principles of applying Holistic Nutrition in today's health world. As you become a Nutritional Consultant, you will obtain a deep understanding of Weight Management, Healthy Diets, Herbal Supplements, Anatomy, Sports Nutrition and much more.

The material in the Program will give you a foundation that will support your personal growth and enable you to educate others in these life supporting principles.

Program Information

Each Class is divided into textbook chapters or sections of chapters, where each division contains reading assignments, glossary words, one auto graded lesson, and short compositions. Every class contains numerous audio/video lectures and resources and learning aids. Each class contains a challenging open book auto scored midterm and final exam. All auto graded activities allow multiple retakes where only the highest score achieved is counted in your overall class average.

The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers.

Classes, Credit Hours, Clock Hours and Prerequisites

Nutritional Consultant Program will take approximately 9-12 months to complete, but you have up to two years to complete the Program, extensions are available if you need more time. If you are a focused, self motivated learner and want to graduate quickly put in more weekly time. We will not hold you to a schedule! The time required to complete the Program is up to you!

NC Classes, Credit Hours, Clock Hours and Prerequisites

The following table represents the Nutritional Consultant Class order. Classes are completed one at a time, in the order given. Each class's prerequisites are met by successfully completing previous classes.

Class Code	Class Title	Clock Hours	Semester Credit Hours	Prerequisite Class
OR2012	Orientation 2012 no charge, required, short class	0	0	none
AP101	Intro to Anatomy and Physiology	45	3	OR2012
HS101	Introduction to Holistic Sciences	30	2	AP101
AP202	Advanced Anatomy & Physiology	60	4	HS101
NC302	Vitamin Therapies	45	3	AP202
HF101	Food and Nutrition	60	4	NC302
NC301	Drug Free Remedies	60	4	HF101
HC110	Foods to Fight Cancer	30	2	NC301
HF102	Nutrition For Weight Management	45	3	HC110
HM103	Vitamins, Herbs, Minerals & Supplements	45	3	HF102
HC111	The Worlds Healthiest Foods	45	3	HM103
HF201	Introduction to Raw Foods	30	2	HC111
DT101	Detoxification and Diet	30	2	HF201
HH110	Fitness and Health	30	2	DT101
HM301	Herb-Drug-Vitamin Interactions	45	3	HH110
HB301	Setting Up a Practice and Final Project	75	5	HM301
	Total	675	45	

Class Descriptions: Nutritional Consultant Program (NC)

Orientation- No Cost

After you are enrolled as a student the first class you go into is orientation. Is this 2-4 hours class you will find your student handbook, videos and other directions showing you how to complete normal tasks in the learning system. You should take this class within 1 or 2 days of enrollment because you have to pass this class to get into your Anatomy class.

AP101 Intro to Anatomy and Physiology In this class you will study basic Human Anatomy and Physiology from a scientific prospective, gain an understanding of the integrated body, Skeletal System, Muscular System, Nervous System, Endocrine System, Cardiovascular System, Respiratory System, Skin, Hair, Nails, Lymph Immunity Systems, Digestive System, Reproduction Systems and practice communicating these concepts to lay people in short essays. **Credits 3 - Clock Hours 45**

HS101 Intro to Alternative Healing Methods In this class you will be introduced to the spectrum of alternative healing from detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, flower essences, guided imagery, herbal medicine, hypnotherapy, light therapy, longevity medicine, magnetic field therapy, mind/body medicine, NAET, natural hormone replacement therapy, neural therapy, nutritional medicine, orthomolecular medicine, oxygen therapies, prolotherapy, Qigong and Tai Chi, sound therapy, traditional Chinese medicine to yoga and much more! Every Holistic Health professional needs to develop at least a basic understanding of the concepts we will cover in this class and taking this class now assures you are choosing the *right* program to meet your personal goals. **Credits 2 Clock Hours 30**

AP202 Advanced Anatomy & Physiology This course goes into great depth on the human body. You will study the minute details of the human anatomy and how even these small details are important when attempting to deal with disease and sickness. This course will provide you with a greater understanding of the human body and how disease affects more than you ever suspected.

Credits 4 - Clock Hours 60

NC302 Vitamin Therapies In this class you will learn what roles vitamins and minerals play in the body as well as the dangers of an inadequate or a surplus intake of vitamins and minerals. Also discover how vitamins can be used to aid the healing processes in the body.

Credits 3 - Clock Hours 45

HF101 Food and Nutrition In this class you will find what constitutes healthy and unhealthy foods, as well as suggestions for how to improve your over-all well being through diet at any age.

Credits 3 - Clock Hours 45

NC301 Drug Free Remedies In this class you will discover the elements of health, how everything in your environment and all the substances that you put in your body effect you and your well being. Learn about various disorders and maladies that affect humans and how to identify and treat all of them using a wide variety of natural methods.

Credits 4 - Clock Hours 60

HC110 Foods to Fight Cancer: Cancer is one of the most misunderstood diseases in the world today. In this course, you will learn how lifestyle changes and diet can greatly affect your chances of getting cancer and even help cure the disease if you already have it.

Credits 2 - Clock Hours 30

HF102 Nutrition For Weight Management Learn how to assess lifestyle and nutritional choices, then discover the elements of a healthy diet and how to work them into your life. Find out how to manage weight through diet and how food can be used as a medicine.

Credits 3 - Clock Hours 45

HM103 Vitamins, Herbs, Minerals & Supplements Providing in depth study of vitamins, herbs, minerals and supplements this class supplies vast amounts of information. Learn about hundreds of specific sources and go into detail about everything from the effects they have on the body to how they interact with other substances.

Credits 3 - Clock Hours 45

HC111 The Worlds Healthiest Foods In this class you will learn why certain foods are healthier than others. You will discover about the nutrients that healthy foods provide and which foods provide the maximum amount vital nutrients you need without unhealthy extra fats and sugars. Learn how to incorporate these foods into your diet without sacrificing flavor or time.

Credits 3 - Clock Hours 45

HF201 Introduction to Raw Foods In this course you will learn about preparing and consuming raw foods in respect to a vegan diet. Learn the benefits and dangers of the vegan diet and educate yourself on how to stay healthy while eating vegan.

Credits 2 - Clock Hours 30

DT101 Detoxification and Diet In this class you will discover how toxins lead to poor health in each of the body's systems and the signs of toxin build up. Then you will study how to cleanse each individual bodily system using proven techniques.

Credits 2 - Clock Hours 30

HH110 Fitness and Health Discover how to achieve the maximum benefits of physical activity. This sixth edition of Fitness & Health is your guide to both a deeper understanding of the exercise health relationship and a map for meeting your individual needs and goals. The book clearly explains how the body responds to physical activity, why physical activity is so beneficial to health, and the way in which physical activity enhances these areas of fitness:- Aerobic and Muscular Fitness- Weight Control- Performance in Work and Sport- Energy and Vitality. **Credits 2 - Clock Hours 30**

HM301 Herb-Drug-Vitamin Interactions This class is designed to teach you how herbs, drugs, and vitamins interact in the human body. The objective is not to advocate the use of a particular regimen of anything, but to give you the knowledge of how to use them all safely and responsibly. **Credits 3 - Clock Hours 45**

HB301 Setting up a Practice and Final Project Credits The final class consists of an eBook, developing a business plan based on the area where you are going to be practicing, designing the client intake paperwork you will use as well as client based research assignment project papers. **Credits 5 Clock Hours 75**

Tuition & Fees

Tuition is based on \$54.00 per semester credit hour.

Program	Registration Fee*** Non-Refundable (one time only)	Program's total Credit Hours	*Textbooks and Materials	Tuition	**Total Cost
Introduction to Holistic Sciences	\$50.00	5	*Included (US only)	\$270.00	\$320.00
Ayurvedic Health Practitioner	\$50.00	45	*Included (US only)	\$2,430.0	\$2,480.00
Master Herbalist	\$50.00	26	*Included (US only)	\$1,404.00	\$1,454.00
Nutritional Consultant	\$50.00	45	*Included (US only)	\$ 2,430.00	\$ 2,480.00
Holistic Health Practitioner	\$50.00	44	*Included (US only)	\$2,376.00	\$2,426.00

**Estimated charges for the period of attendance and the entire program.

***Registration Fee: every applicant/student pays just one time

Additional Fee's, as applicable:

Enrollment/Application (non-refundable) Fee \$50 (refundable if NHC denies the admission),

Return Check Fee, \$35.00,

Credit Card Declined fee \$35,

Tuition is based up on \$\$54.00 per credit hour,

Official Transcript Fee (after first free copy) \$9.00,

Program Change Fee \$75,

Credit Transfer \$25/credit hour- applicable only if credit transfer approved,

Re-entry fee \$35,

Late Payment Fee \$35,

Reinstate from leave fee \$35,

Reinstate after probation \$35,

International books and material- We don't ship any book or material to non-US destinations.

International students are responsible for arranging their own books. NHC will provide book list and students can try to source the books from Amazon or other retailers before enrolling for the class, course or program. NHC will issue partial refund for the books - to be determined by case by case basis. In all the cases the receiver is responsible for all the taxes, duties, custom and brokerage fee, if any.

NHC reserves the right to waive any of these fee, except Govt. imposed fees.

Summary of Tuition Fee with Credit Hour Class: (at the current rate) of 1 Credit Hour: \$54.00

2 Credit Hour Class/Course: \$108.00

3 Credit Hour Class/Course: \$162.00

4 Credit Hour Class/Course: \$216.00

5 Credit Hour Class/Course: \$270.00